
Frisco Sunrise Rotary

Meetings are held on Tuesday mornings, 7:30am at Randy's Steakhouse
Located at 7026 Main Street, Frisco, TX 75034

Frisco Sunrise Rotary Information for Week of: September 29th, 2009

Press Release Information for the
7:30 a.m. meeting on September 29th,
2009

[Frisco Sunrise Rotary](#)
[Rotary International](#)
[Rotary District 5810](#)
[Link to Frisco Sunrise Calendar](#)

Questions or Comments? Contact
Erin Meltabarger
emeltabarger@gmail.com
Frisco Sunrise Rotary Speaker
Coordinator

Quote of the Week:

**"If you want to lift
yourself up, lift up
someone else"**

**Booker T.
Washington**

Dear Frisco Sunrise Rotarian,

Our speaker for Tuesday, September 29th, 2009 is
Collin County Commissioner Jerry Hoagland.
Commissioner Hoagland will be presenting a talk on
the DART Intermodal Unit.

Erin Meltabarger

Our October 6th, 2009 meeting will be at the
Frisco E.O.C at the Central Fire Station. We will
be having breakfast and coffee catered by Cafe
Brazil.

Current & Upcoming Events:

Blood Drive: Battle of The Badges

The dates and locations that are left for Battle of the Badges are:

Thank you to ALL the Frisco Sunrise Volunteers who signed up to help at Battle of the Badges!

Wednesday, September 30th, 2009 at Frisco City Hall, 6101 Frisco Square Blvd from 9:00 am
to 4:00 pm.

Thursday, October 1st, 2009 at the Frisco Police Depart, 7200 Stonebrook Parkway from 9:00
am to 4:00 pm.

Friday, October 2nd, 2009 at the Frisco Fire Department Central Station at 8601 Gary Burns

Drive from 9:00 am to 4:00 pm.

Come out and donate blood in the Battle of the Badges Challenge!!!

Definitely Worth Mentioning:

1. We all know our very own Byron Ingraham has been training and training for a marathon in which the sponsorship dollars he gets goes to benefit the Leukemia and Lymphoma Society. You can support Byron's awesome efforts by clicking on the following link [Sponsor Byron](#) and donating online.

Thank you!

2. Let's also support Frisco Sunrise's Geoffrey Davis in his Ride for the Roses Project for the Lance Armstrong Livestrong Foundation. Click this link to help Geoff make his fundraising goal Ride for the Roses. [Ride for the Roses](#)

3. Also, there is an upcoming Community Service event with C.A.K.E (Crimes Against Kids Eliminated) on October 3rd, 2009 at the Heard Museum from 7:00 pm to 9:00 pm. A big THANK YOU to those who signed up to help out!

International News:

Where there is a Will, there is a Rotary:

Eight Namibian men walk through the desert. Four of them carry an injured person on a stretcher.

The other four walk alongside and wait until the first four get tired. They switch off, hoisting the person and continuing along the unpaved ground.

This is the way people in rural Namibia usually reach a hospital. Kilometres from the nearest health care facility, villagers living with HIV/AIDS often miss their treatments because they have neither transportation nor enough income to charter private vehicles.

But today, Namibians are getting an opportunity to reach clinics from the most isolated places -- and a better chance at survival -- because of bicycle ambulances.

The Bicycling Empowerment Network (BEN) Namibia is a nonprofit organization that started out providing bicycles as transportation. It launched a bicycle ambulance project after noticing that health care workers used their bikes' luggage racks to transport patients to hospitals and clinics.

To bring bike ambulances to the country, the organization looked to the Rotary Club of Windhoek, Namibia, for support and adopted a design from Canadian Niki Dun. Dun, cofounder and director of Design for Development, a Vancouver-based charity, had come up with an innovative concept: a bicycle that could tow an adjustable stretcher, already being used in Malawi, South Africa, and Zambia. For more on this story visit [More on Bike Ambulances](#)

International News:

Endurance Through Hard Times:

This is a GREAT article from Rotary.org - it is also in this month's *Rotarian*.

The current economic recession has begged comparison to former hard times. We consulted our archives and seven Rotarians ages 90 and older who remember the Great Depression. What we are experiencing now is nothing like those days.

On a Sunday last September, a week of meteorically bad economic news began raining down like a hailstorm of gold bricks. Venerated investment bank Lehman Brothers was bankrupt. Stock market bellwether Merrill Lynch was spared a similar fate only because of an eleventh-hour takeover by Bank of America. The world's largest insurer, American International Group, on the brink of insolvency, had to turn to the U.S. Federal Reserve for an \$85 billion rescue package. Financial markets around the world were in turmoil, and we were suddenly in the grip of a global crisis.

Amidst all the confusion and uncertainty, economic experts seemed to be in agreement on something: We were in the throes of the worst financial mess since the Great Depression. But despite the bleak economic landscape - housing foreclosures, the subprime mortgage mess, bankruptcies - there was something else economists seemed to agree on: Regardless of how bad things were, conditions did not compare to the Great Depression.

Just how great was the Great Depression? And what was its impact on Rotary?
[Click here to find out!](#)

International Extras



[Text to End Polio and help out RI's \\$200 Million Dollar Challenge!!!](#)



[2010 Rotary International Conference Montreal, Canada](#)

Frisco Sunrise Rotary

2009-2010 Board

Angela Reed, President
Nick McCoy, President-Elect
Louis Garcia, Past President
Jennifer Kimble, Secretary
Scott Seifert, Treasurer
Bob Clark, Sergeant of Arms
Erin Meltabarger, Programs

Last Week's Meeting and Events

For anyone who missed our September 22nd meeting Lori Stevens with Patriot Paws gave demonstration about her organizations work with service dogs and veterans. Angela Reed presented Lori with the book to be donated in her name to the Frisco Boys and Girls Club.