



Erin Meltabarger &lt;emeltabarger@gmail.com&gt;

## Frisco Sunrise Rotary Meeting

1 message

Erin Meltabarger &lt;emeltabarger@gmail.com&gt;

Sun, Nov 1, 2009 at 8:25 AM

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Frisco Sunrise Rotary

Meetings are held on Tuesday mornings, 7:30am at Randy's Steakhouse Located at 7026 Main Street, Frisco, TX 75034

## Frisco Sunrise Rotary Information for Week of: November 3rd, 2009

Press Release Information for the 7:30  
a.m. meeting on November 3rd,  
2009

Frisco Sunrise Rotary  
Rotary International  
Rotary District 5810  
Link to Frisco Sunrise Calendar

Questions or Comments? Contact  
Erin Meltabarger  
[emeltabarger@gmail.com](mailto:emeltabarger@gmail.com)  
Frisco Sunrise Rotary Speaker  
Coordinator

### Quote of the Week:

**"If you have come  
to help me, you are  
wasting your time.  
But if you have  
come because your  
liberation is bound  
up with mine, then  
let us work  
together."**

**Aboriginal Activist  
Group/Lila Watson**

Dear Frisco Sunrise Rotarian,

Our speaker for November 3rd, 2009 is Matt Shaheen from Collin County. I hope everyone had a GREAT and SAFE Halloween! Thanksgiving is right around the corner. Also, please remember if you have any of the items we are collecting for our green fundraiser, please bring them to our meeting on Tuesday. For a price list of accepted items, [click here](#).

Finally, have you missed some meetings? Need some make ups? We need to increase our attendance! Here is a GREAT and EASY way to Make Up A Missed Meeting ONLINE from Rotary.org. [Click here](#) for more information!

Thanks!

Erin Meltabarger

Our November 10th meeting speaker is Jeanette

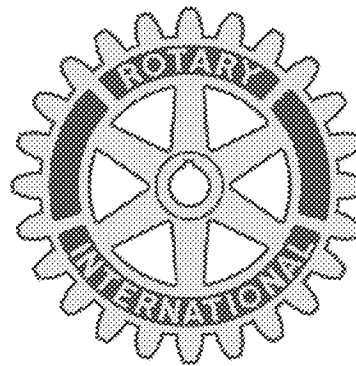
**November 17th will be Damian Skinner**

**November 24th NO MEETING**

**December 1st will feature Brenda Austin with The Boys and Girls Club of Collin County, Frisco Branch.**

## Current & Upcoming Events:

We have lots coming up! Volunteer to help in one or several of these awesome events!



## Street Clean Up:

The next Street Clean Up is going to be Saturday, November 14th, 2009 at 9:00. Meet up location and other details to be announced by Andy Eskildsen!

## Community Parade:

Frisco Sunrise Rotary will be helping Frisco Family Services build a float for the community parade that will be held on November 14th. Brian Bullitt has the details on signups!

## Bell Ringing:

We will be ringing bells for the Salvation Army at Stonebriar Mall on BOTH Friday, December 4th and Saturday, December 5th! Erin will provide more details on Tuesday, November 3rd!

## Holiday Party:

We will be having our annual Holiday Party this year on Friday, December 4th, 2009 at the Aloft Frisco! The party is from 7:00p.m. to 9:00 p.m.

## Merry Main Street:

Frisco Sunrise will be selling Bavarian Nuts, Hot Apple Cider, Bottled Water and raffling a night at the Frisco Aloft off! (Thanks Mark P.!) This year's event is Saturday, December 5th from 5:00 p.m. to 9:00 p.m. in the Frisco Square!

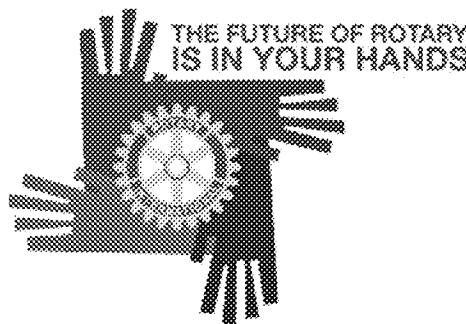
## Definitely Worth Mentioning:

1. We all know our very own Byron Ingraham has been training and training for a marathon in which the sponsorship dollars he gets goes to benefit the Leukemia and Lymphoma Society. You can support Byron's efforts by clicking on the following link [Sponsor Byron](#) and donating online.

2. Let's support Mark Pacheco in his participation in the Dallas Breast Cancer 3 Day Walk. Please go to [www.the3day.org](http://www.the3day.org) and follow the links to donate and search for Mark Pacheco - part of Team Saving Second Base. Thank you!

## International News:

### Let Our Club Be Inspired By This - Let's GET MOVING!!!



As another U.S. winter approaches, Rotarian Richard Sanford and his Pennsylvania-based nonprofit organization, Operation Warm, are gearing up to provide low-income children with the proper apparel to survive the bitter cold.

In 1998, Sanford, a member of the Rotary Club of Longwood, read a local newspaper article about children suffering in cold weather while waiting for their school bus because they lacked winter coats.

Angered but also inspired, he decided to take action, launching Operation Warm, which works with manufacturers to provide high-quality unused coats to underprivileged children across the United States.

"I couldn't understand how something like this could happen. It broke my heart to see kids freeze because they didn't have warm-enough coats," recalls Sanford, the organization's CEO and chair.

Through funds donated by private and corporate partners, Operation Warm collaborates with manufacturers to develop sizes and styles for boys and girls, then distributes the coats to needy children.

For the organization's first project in 1998, Sanford purchased 58 coats with his own money from a department store. He and members of his Rotary club distributed the coats to children in a low-income Philadelphia neighborhood. Since then, Operation Warm has provided more than 500,000 new coats to children in 26 states.

Rotary continues to play a crucial role in expanding the fundraising for and distribution of coats, says Sanford. About 60 clubs in the United States have worked directly with Operation Warm, providing more than 25,000 new coats to children.

"Rotary has been phenomenal in our success," says Sanford. "This project truly represents what

Rotary is all about: assisting the disadvantaged in our communities."

Kim Fremont Fortunato, president of the organization and a member of the Rotary Club of Wilmington, Delaware, says the quality of the coats is a key difference between Operation Warm and many other coat drives.

"Most of the children we help have never owned a new coat," says Fortunato. "We believe it improves their self-esteem. But most important, the coats we distribute will keep kids warm."

Sanford says the organization has found many willing partners because people can relate to the children's plight.

"All around us there are poor children in this country who need assistance," he says. "It's our responsibility to help those who can't help themselves. Seeing the kids' smiles and excitement when they put on their new coats is an incredible experience. This is an enormously powerful project."

## Missions Like THIS Make It All Worthwhile:

The 70-year-old woman, paralyzed from the waist down, looked frail and desperate as she appealed to the visiting doctors from India for help.

Her vision limited by cataracts for more than 20 years, the woman explained how she had been repeatedly passed over for care, and how she had become a burden to her family and others, recalls Rajendra K. Saboo, 1991-92 RI president and 1996-97 Rotary Foundation trustee chair, who helped organize the medical mission to the Republic of the Congo.

The woman's cataracts were removed and an intraocular lens implanted. Saboo, providing some extra help in the operating room, lifted the woman off the table to return her to her wheelchair.

"You could see the gleam in her eyes and on her face. She had a very calm and serene expression," says Saboo. "She turned back and told the doctor thank you.

"There have been moments like that in each of my visits," he continues, recalling previous medical missions. "These are the moments when I feel far more satisfied than when I was sitting in the top office of [RI World Headquarters]."

The mission to Brazzaville, Congo Republic, in August included a team of 15 doctors from District 3080 (India), including three ophthalmic surgeons, three gynecologists, three anesthesiologists, two dental surgeons, two general surgeons, an orthopedic surgeon, and a public health expert. Saboo, District Governor Chetan Aggarwal, and four other nonmedical volunteers assisted.

The mission was funded in part by a Rotary Foundation Matching Grant. The medical team spent 11 to 12 hours a day for 10 days at two hospitals treating about 1,600 patients, who were prescreened by volunteers from District 9150, which covers 10 countries in Central Africa and served as the host partner. The team also donated two incubators and 500 mosquito nets.

Saboo has organized a number of medical missions to various countries since 1998, including

Ethiopia, Madagascar, Malawi, Nigeria, Swaziland, and Uganda. He said he has envisioned a mission to central Africa for a longtime, but because of a variety of obstacles, an opening emerged only recently.

Even with much need in his own country, Saboo says these medical missions are vitally important.

"We are not only treating patients, but we carry on the transfer of knowledge," he says. "The doctors work side by side with local doctors, imparting experience and knowledge.

"We do not live in our own needs," he continues. "I am not only looking out for my own country -- that I must do. But I must look even beyond that. In the process, we are building bridges of international friendship and understanding."

Gulshan Thakral, a dental surgeon and past governor of District 3080, says the mission has enriched his life.

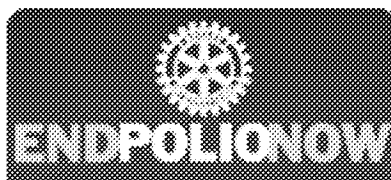
"The experience can never be described in words," he says. "The joyful faces, the grateful eyes, and the gratifying gestures are probably the best gift one could ever receive. It has added yet another dimension in my approach to the suffering of fellow human beings on this earth."

The mission described in the aforementioned article is much like the missions Mark Warchol has been on. P.S. There is an end to the red tape of bureaucracy ! Mark's wife Lucy got her VISA!!! It's been a very long wait for him and his family - we simply cannot wait till Lucy and Anisa arrive in America on November 11th, 2009!

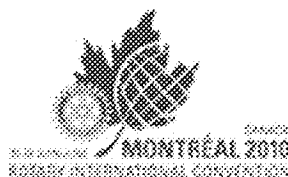
## Side Note:

I am hoping to host a cake walk auction/cocktail hour in February at Randy's - Take a Bite Out of Polio. Have more ideas for a fundraiser to End Polio Now? Contact [Erin Meltabarger](#).

### International Extras



[Text to End Polio and help out RI's \\$200 Million Dollar Challenge!!!](#)



[2010 Rotary International Conference Montreal, Canada](#)


Frisco Sunrise Rotary

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## Last Week's Meeting and Events

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